



# **INSIDE PITCH CAMPS**

## **POWER PITCHING / THROWING**

## **SOFTBALL PITCHING**

## **HITTING AND SKILLS / May 8<sup>th</sup>**



**ALL CAMPS TAUGHT BY EX PROFESSIONALS AND COLLEGE PLAYERS**

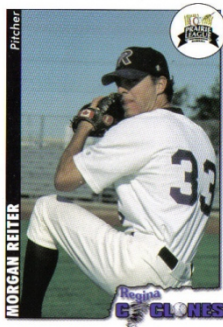
### **CAMP 1A 10am-12:30pm BASEBALL POWER PITCHING (Ages 8-16yrs)**

**\*THROW 5-7 mph HARDER WITH MORE CONTROL!**

- Power Drills \* Pick-offs \* Mental Aspects \*
- Change-up \* Major League Curve Ball (13 yrs +) \*
- (Camp 1A only \$70.00 \*Limited Space\*)

### **CAMP 1B 10am-12:30pm SOFTBALL PITCHING (Ages 8-16yrs)**

- **THROW HARDER – MORE CONTROL – TAKE HOME DRILLS!**
- \*Learn effective techniques, FB, Change up, CB, Arm Care and Shoulder stability routines, Field your position\*
- (Camp 1B only \$70.00 \*Limited Space\*)



### **CAMP 2 1pm- 3:30pm HITTING AND SKILLS / (Ages 6-16yrs)**

**\*HIT FOR POWER AND AVERAGE!**

- Hitting Drills \* Infielding \* Outfielding \*
- Baserunning and much more! \* (Only \$65.00)

- **Location:** Macklin, Saskatchewan – INDOOR IF INCLEMENT WEATHER
- **Registration:** go online [www.INSIDEPITCH.ca](http://www.INSIDEPITCH.ca) under “CAMPS” (306-591-6165 for more information)
- Sign-up for both camps and pay only \$125 + gst (Save \$10)
- Inside Pitch provides a professional instructor for every 8-10 students enrolled
- Juice and snack provided during break time



**CAMP PROGRAM DIRECTOR – MORGAN REITER:**

Certified by National Pitching Association (ONLY NPA trainer in CANADA!)  
 3 Year professional player Europe / Canada / USA  
 NCAA Div.1 Scholarship Athlete – Texas State University  
 Represented CANADA at National Baseball Institute (3 years)  
 Played Against World Champion Toronto Blue Jays

**INSTRUCTORS** – Current and Former Professional and College Players

Experience directing and teaching camps in Canada and the U.S.A.

SEVERAL FORMER CAMPERS ARE PRESENTLY ATTENDING COLLEGES IN CANADA AND THE U.S.A. ON BASEBALL SCHOLARSHIPS

*“I can assure if you choose the Inside Pitch for your child, they are in good hands. Have fun and enjoy the Inside Pitch.” Kevin Briand, Director, Canadian Scouting – Toronto Blue Jays*